

Materials

- Worsted weight yarn
- 5mm crochet hook

Abbreviations

Ch: chain
St: stitch
Sl St: slip stitch
Sc: single crochet
Inc: increase

Bandana Pattern

– Ch2 to start

Row 1: 2Sc (Inc) into 2nd Ch from the hook, Ch1 then turn

Row 2: Inc into 1st St, 1Sc into next St, Ch1 then turn

Row 3: Inc into 1st St, 1Sc into next 2 stitches, Ch1 then turn

– **Repeat pattern [Inc into 1st St, 1Sc into every St, Ch1 then turn]** for a total of 40 rows
(the last row of the triangle should be 40 stitches)

– Ch50 (from last St of row 40), turn & skip 1 Ch, then Sl St into remaining 49 chains

– Sl St (back across triangle) x 40 stitches

– Ch50 (from the 1st St of row 40), turn & skip 1 Ch, then Sl St into remaining 49 chains

– Fasten off & weave in ends.



Materials

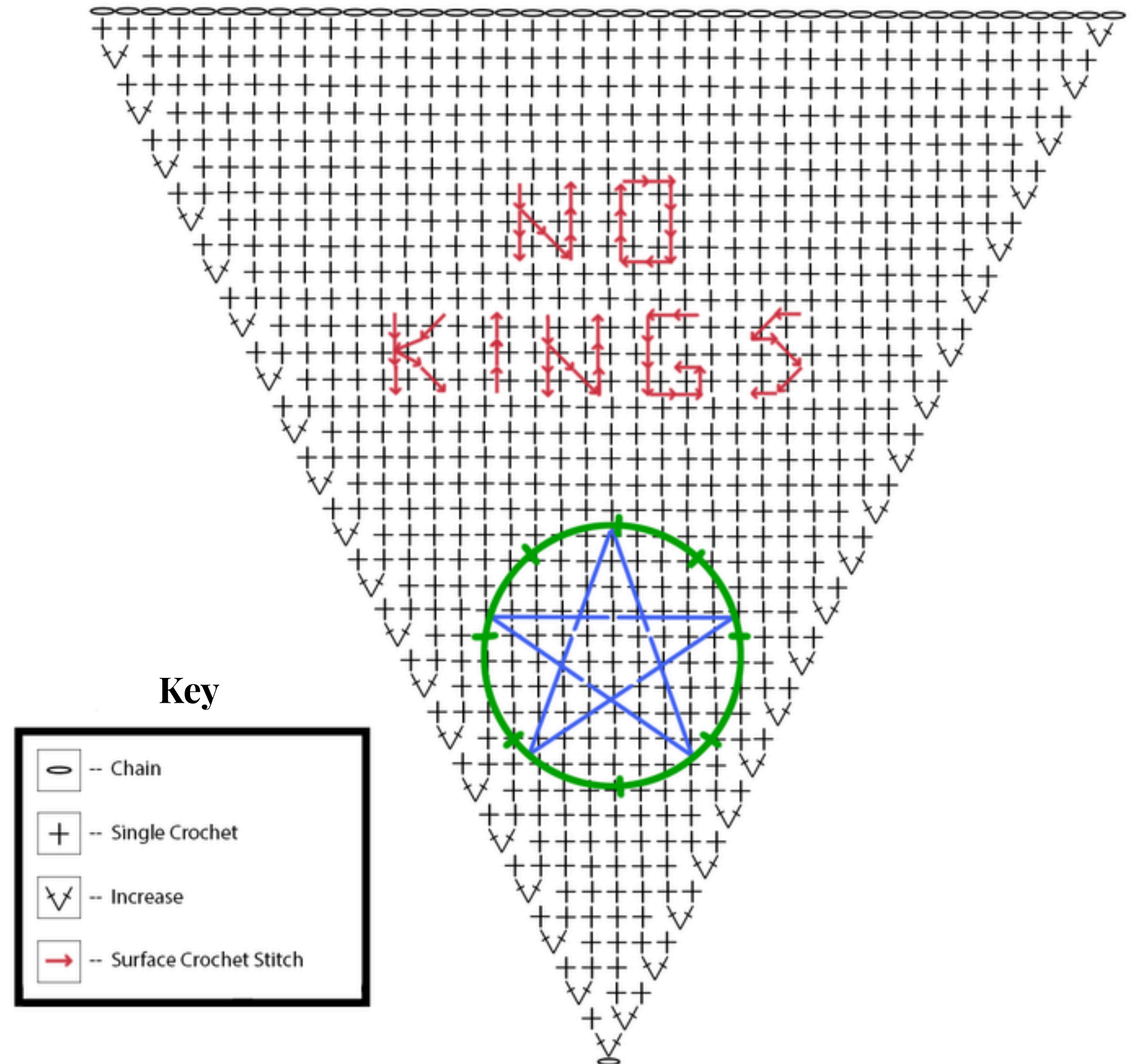
- Worsted weight yarn
- 5mm crochet hook
- Tapestry needle
- Fabric stiffener

Lettering

Lettering is done in a different color, using the **surface-crochet** method.

- For best results, follow the direction of the arrows when surface-crocheting.
- Use tapestry needle to end-stitch the last stitch of each letter for security.

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Pentacle

For the circle:

1. Find a circular object about 5.5cm in diameter with straight up-and-down sides for a mold (I used a vitamin bottle cap, pictured here).
 2. Cover “mold” in plastic wrap to protect from fabric stiffener spray.
 3. Take a length of yarn and wrap twice around your “mold” – secure the ends of the yarn (I used tape) to keep the circle tight & protect from stiffener spray.
 4. Spray yarn with fabric stiffener, then let air-dry.
 5. Once dry, position the circle (as shown in diagram) and feed the tail ends of the yarn to the backside of the project. Attach in place with small holding stitches (pictured right).
- Stitch star shape into the circle using **backstitch** embroidery.

Optional

- Hand-stitch on a silk or cotton backing for comfort
- Add your own embroidery embellishments!

